

## **Three Rock Orienteering Club**

## **Membership Form 2015**

www.3roc.net

**Three Rock Orienteering Club** was formed in 1976 and is one of the most active orienteering clubs in Ireland. Its aims are to organise and promote the sport of orienteering.

3ROC organises regular events which are open to all ages and cater for all levels of fitness. These events take place in parks, woods, and open mountainside mostly around Dublin, Wicklow, and Louth, providing a scenic environment for anyone who likes to be out in the open. Club membership entitles you to reductions in entry fees for many orienteering events.

For more details go to www.3roc.net or to our Facebook page from the club website.

To join 3ROC please fill in the details below and return with a cheque/PO made payable to: Three Rock Orienteering Club to: 3ROC, c/o 59 Balally Park, Dundrum, Dublin 16.

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(For other orienteering family members, please enter their details in the table below)

Name	Year of Birth	Mobile Number*	Email Address*

<sup>\*</sup> mobile and email details are not required for junior members where details have already been provided for an adult contact