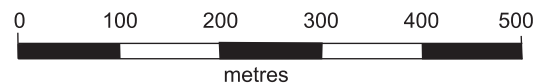


Griffeen Valley Park Lucan

Permanent Orienteering Course

Scale: 1: 7500

Contours: 2.5m formlines

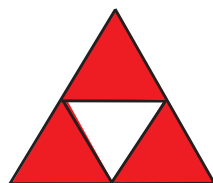


MAGNETIC
NORTH
2018

Lucan Shopping
Centre

R120

Historical note:
The single remaining arch of King John's
Bridge c1200AD can be seen spanning the
river to the left.



3ROC

1. Find the controls in the order shown on the map.
2. Fill in the missing letter for each marked post in the boxes below

Cross river by bridge only &
take care crossing roads

Long 4.7 km

△ Tree, Southern
HKG

1 Path junction

O_K

2 Gap in hedge

I_H

3 Sign

J_K

4 Path junction

W_T

5 Tree

D_K

6 Vegetation tip

F_A

7 Hedge East end

E_R

8 Hedge corner

D_W

9 High fence
corner

L_R

10 Path end

O_D

11 Gate

K_M

12 Vegetation edge
South side

P_X

13 Bridge, South side

M_O

14 Vegetation tip

X_N

15 Bridge, East end

H_D

Navigate to Finish

○ SIN

For further information about
orienteering and fixtures see:
www.3roc.net or www.orienteering.ie
or by email 3rococ@gmail.com

- open runnable
- open land with scattered trees
- rough open
- trees, run
- trees, slow
- vegetation, fight
- undergrowth: slow run, difficult to run
- distinct vegetation boundary
- out of bounds
- residential out of bounds
- paved area
- major road with overpass
- minor road
- track
- path
- small path
- indistinct path
- pond: deep water
- river, footbridge
- minor water channel
- marsh, uncrossable
- source
- tree: large, small, rootstock

- building
- bus stop
- fence
- gate
- high fence
- wall
- high wall
- power line, pole
- goal posts, play eqpt.
- signpost, large
- post
- pylon
- manmade object
- boulder
- boulder cluster
- form line
- earth wall
- small earth wall
- steep bank
- gully: large small
- knoll
- pit, depression

Permanent orienteering course design by B. Hollinshead, B. Lawless & P. Flanagan
Construction by South Dublin County Council.
Orienteering is an adventure sport that involves crossing rough and uneven terrain,
tracks and paths. Users of this course do so entirely at their own risk.
South Dublin County Council and 3ROC do not accept responsibility for any injuries incurred

Map based on GPS survey by Brian Hollinshead 2009. Cartography by Brian Hollinshead.
Revision & cartography by Pat Flanagan 2018. © Copyright Three Rock Orienteering Club 2018
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