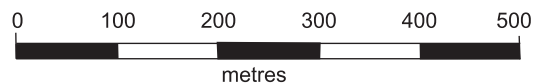


Griffeen Valley Park Lucan

Scale: 1: 7500

Contours: 2.5m formlines



MAGNETIC
NORTH
2018

Lucan
Shopping
Centre

R120

Historical note:
The single remaining arch of King John's
Bridge c1200AD can be seen spanning the
river to the left.

N4

Esker
House

Lucan Sports &
Leisure Centre

Cross river by bridge only &
take care crossing roads

SHORT 1.6km

START Tree, Southern

HKG

1 Bridge, West end

L _ Y

2 Bridge, East end

S _ N

3 Wall corner

K _ R

4 Vegetation tip

F _ K

5 Pole

Z _ H

6 Boulder

V _ A

7 Between the trees

B _ L

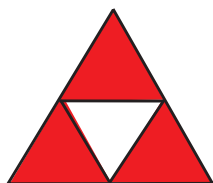
8 Bridge, east side

H _ D

Navigate to Finish

SIN

For further information about
orienteering and fixtures see:
www.3roc.net or www.orienteering.ie
or by email 3rococ@gmail.com



3ROC

Permanent orienteering course design by B. Hollinshead, B. Lawless & P. Flanagan
Construction by South Dublin County Council.
Orienteering is an adventure sport that involves crossing rough and uneven terrain,
tracks and paths. Users of this course do so entirely at their own risk.
South Dublin County Council and 3ROC do not accept responsibility for any injuries incurred

Map based on GPS survey by Brian Hollinshead 2009. Cartography by Brian Hollinshead.
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