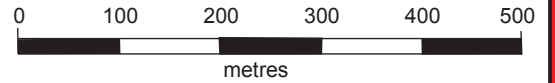


Griffeen Valley Park Lucan

Scale: 1: 7500

Contours: 2.5m formlines



MAGNETIC NORTH 2018

Historical note:
The single remaining arch of King John's Bridge c1200AD can be seen spanning the river to the left.

Get the MapRun app here



Lucan Shopping Centre

R120

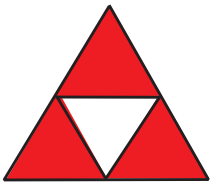
Lucan Harriers

Weston Hockey Club

Esker House

Lucan Sports & Leisure Centre

If you don't use the MapRun app, just write the 3rd letter of the code in the box:



3ROC

For further information about orienteering and fixtures see:
www.3roc.net or www.orienteering.ie
or by email 3rockoc@gmail.com

open runnable		building	
open land with scattered trees		bus shelter	
rough open		fence	
trees, run		gate, crossing point	
trees, slow		high fence	
vegetation, fight		wall	
undergrowth: slow run, difficult to run		high wall	
distinct vegetation boundary		power line, pole	
out of bounds		goal posts, play eqpt.	
residential out of bounds		signpost, large	
paved area		post	
major road with underpass		pylon	
minor road		man-made object	
track		boulder	
path		boulder cluster	
small path		form line	
indistinct path		earth wall	
pond: deep water		small earth wall	
river, footbridge		steep bank	
minor water channel		gully: large small	
marsh, uncrossable		knoll	
source		pit, depression	
tree: large, small, rootstock			

Permanent orienteering course design by B. Hollinshead, B. Lawless & P. Flanagan
Construction by South Dublin County Council.
Orienteering is an adventure sport that involves crossing rough and uneven terrain,
tracks and paths. Users of this course do so entirely at their own risk.
South Dublin County Council and 3ROC do not accept responsibility for any injuries incurred

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Revision & cartography by Pat Flanagan 2018. © Copyright Three Rock Orienteering Club 2020
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not indicate a right of way. Minor revisions JMcC Feb 2020.