



## Three Rock Orienteering Club

### Membership Form

[www.3roc.net](http://www.3roc.net)

**Three Rock Orienteering Club** was formed in 1976. The club is based in Dublin and is one of the most active orienteering clubs in Leinster. Its aims are to organise and promote the sport of orienteering. Most of our members live in the Dublin area.

3ROC organises regular events which are open to all ages and cater for all levels of fitness – orienteering is a lifelong sport and our members range in age from under 10 to over 90. Our orienteering events take place in parks, woods, and open mountainside mostly around Dublin, Wicklow, and Louth, providing a scenic environment for anyone who likes to be out in the open. 3ROC membership entitles you to reduced entry fees for most orienteering events run by any club. Club membership also makes it easier to arrange transport to events.

For more details go to [www.3roc.net](http://www.3roc.net) or to our Facebook page.

**For online membership for new members or renewals, see the “Join 3ROC” page on the 3ROC website.**

To join 3ROC please register and pay online or print and post this form with payment to:

**Three Rock Orienteering Club, 9 Arran Road, Drumcondra, Dublin 9**

#### MEMBERSHIP CATEGORY AND FEES (please specify one)

INDIVIDUAL €15       FAMILY €25       CONCESSION €10 (Junior <18/Student/Unwaged/OAP)

**NAME:** \_\_\_\_\_ **YEAR of BIRTH:** \_\_\_\_\_

**ADDRESS:**

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**PHONE:** \_\_\_\_\_ **EMAIL:** \_\_\_\_\_

**MOBILE PHONE:** \_\_\_\_\_

(For other orienteering family members, please enter their details in the table below)

Name	Year of Birth	Mobile Number*	Email Address*

\* mobile & e-mail are not required for junior members where details have already been provided for an adult contact