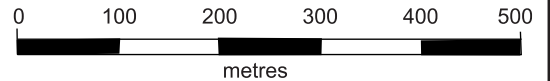


# Griffeen Valley Park Lucan

Permanent Orienteering Course

Scale: 1: 7500

Contours: 2.5m formlines



MAGNETIC  
NORTH  
2012

Lucan Shopping  
Centre

Historical note:  
The single remaining arch of King John's Bridge  
c1200AD can be seen spanning the river to the left.

1. Find the controls in the order shown on the map.
2. Fill in the missing letter for each marked post in the boxes below

Cross river by bridge only &  
take care crossing roads

Long 4.7 km

START Tree, Southern

HKG

1 Path junction

O\_K

2 Gap in hedge

I\_H

3 Sign

J\_K

4 Path junction

W\_T

5 Tree

D\_K

6 Vegetation tip

F\_A

7 Hedge East end

E\_R

8 Hedge corner

D\_W

9 High fence corner

L\_R

10 Path end

O\_D

11 Gate

K\_M

12 Vegetation edge

South side

P\_X

13 Bridge, South side

M\_O

14 Vegetation tip

X\_N

15 Bridge, East end

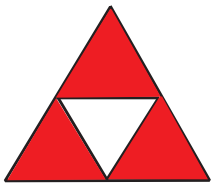
H\_D

Navigate to Finish

SIN



sdcsp.ie  
South Dublin County  
Sports Partnership



3ROC

For further information about  
orienteering and fixtures see:  
[www.3roc.net](http://www.3roc.net) or [www.orienteering.ie](http://www.orienteering.ie)  
or by email [3rococ@gmail.com](mailto:3rococ@gmail.com)

open runnable		building	
rough open		fence	
rough open scattered trees		high fence	
trees, run		wall	
trees, slow		high wall	
vegetation, fight		goal posts	
undergrowth, difficult to run		post	
out of bounds		pylon	
residential out of bounds		manmade object	
paved area		boulder	
motorway		boulder cluster	
major road with overpass		concrete pit	
minor road		minor water channel	
unpaved road		form line	
path		earth wall	
small path		small earth wall	
indistinct path		steep bank	
pond: deep water		pit, depression	
river		tree; large, small	

Permanent orienteering course design by B. Hollinshead, B. Lawless & P. Flanagan  
Construction by South Dublin County Council.  
Orienteering is an adventure sport that involves crossing rough and uneven terrain,  
tracks and paths. Users of this course do so entirely at their own risk.  
South Dublin County Council and 3ROC do not accept responsibility for any injuries incurred

Map based on GPS survey by Brian Hollinshead 2009. Revised 2012. Cartography by Brian  
Hollinshead. Additions by Pat Flanagan . © Copyright Three Rock Orienteering Club 2012  
Rev V2.12 Grid ref. O 036 337 at Haydens Lane car park. The possession of this map gives  
no right of access for orienteering or for any other purpose. . Permission must be obtained from  
the Park Superintendent, South Dublin County Council. The representation of a track or path does  
not indicate a right of way